

Teen/Adult Division Tuition

Punch Card

A punch card is good for any class in the Teen/Adult Division. You pay for only the classes you attend.

**5 classes for \$60 • 10 classes for \$110
20 classes for \$200**

Drop by the office to register and buy a card, or call to have registration form/card mailed.

To complete your registration, e-mail your e-mail address to: office@minnesotaballet.org

You may also pay on-line at the Ballet's Web site: www.minnesotaballet.org. Students **must** fill out Teen/Adult registration before paying tuition on-line and **before** attending class.

Card for use by holder only. Semester I card valid through January 13, 2017. No refunds.

Per Class

Walk-in students pay **\$14 per any class** in the Teen/Adult Division.

2016–17 Teen/Adult Division Calendar

Sept. 12	Classes begin
Nov. 24 – 27	Thanksgiving Break
Dec. 12 – Jan. 2	Winter Recess
Jan. 3	Classes resume
Jan 16	M.L. King Day (no classes)
Jan 17 – May 12	Semester II
Feb. 20 – 26	Winter Break
April 3 – 9	Spring Break
May 12	Stu. Perf., DECC Sym. Hall

Instructors of particular classes will inform students of any variations from these dates.

**Free Trial Classes for Teens/Adults
Saturday Sampler—September 10, 2016
Ballet Depot Studios, 506 W. Michigan St.**

11:30 – 12:00	Ballet Technique
12:00 – 12:30	Beginning Tap
12:30 – 1:00	Jazz
1:00 – 1:30	Modern

SCHOOL OF THE MINNESOTA BALLET

Robert Gardner, Artistic Executive Director

Teen/Adult Division

School of the Minnesota Ballet

Temporary Address:

227 West First Street, Suite 312

Duluth, MN 55802

(218)529-3742 / fax: (218)529-3744

Web Site: www.minnesotaballet.org

E-Mail: office@minnesotaballet.org

Classes with fewer than three students consistently attending will be cancelled.

Questions about a class?

Call our main office, 218-529-3742.
If we feel your question would best be answered by the instructor, we'll put you in touch with her/him.

Snow Day Policies

The School of the Minnesota Ballet does **NOT** hold classes on days or evenings when Duluth public schools are closed for **snow days**. Weekend classes at the Depot will be cancelled any time the Depot building closes because of snow.

Please call the Ballet office at 529-3742 or check our website: www.mnballer.org or Facebook page. Local radio and tv stations will also be notified.

This activity is made possible in part by the voters of Minnesota through a Minnesota State Arts board Operating grant, thanks to a legislative appropriation from the arts and cultural heritage fund. Minnesota Ballet operating is also funded in part by: the McKnight Foundation, Miller-Dwan Foundation, Wildey Mitchell Family Foundation and the Depot 506 Campaign.



Equal opportunity to participate in and benefit from the programs of the Minnesota Ballet is provided to all individuals regardless of race, national origin, color, gender, sexual orientation, age, religion, or disability in admission, access, or employment.

SCHOOL OF THE MINNESOTA BALLET

Teen/Adult Division

Fall 2016 – Spring 2017



Get a Move On!

Fun teen/adult dance classes
make you smile and sweat.

Great music... Great people...
No pressure... All fun...

Ballet

for the grace and strength inside us all

Tap

for a raucous, noisemaking romp

Jazz

to bring out your slinky side

Pilates

to tighten it all up

Modern

to let it all go

Ballroom

to strut your stuff

*Taking care of your body
doesn't have to be a chore.*



Teen/Adult Division: Fall 2016 – Spring 2017

Class	MON	TUES	WED	THURS	FRI
Modern in the Morning	I 9-10		I 9-10		
Pilates Mat Exercises				I 12:00-1:00	
Beginning Ballet	II 6:15-7:45		I 6:30-8		
Intermediate Ballet		II - 6-7:30	I - 6:30-8		
		Pointe 7:30-8	Pointe 8-8:30		
Intermediate Modern			III 7-8:30		
Tap I	I 6-7				
Tap II	I 7-8				
Jazz I & II	I 8-9				
Ballroom (Call for dates)	Beginning: Sept. 8 - 29, \$50 Intermediate/Advanced: Oct. 13 - Dec. 8, \$100			III 7:30-8:30	

Shaded areas indicate combined classes.

School of the Minnesota Ballet Studios: I & II—The Depot, 506 W. Michigan Street
III—301 West First Street, Suite 800.

Adult Division Teaching Staff • Robert Gardner, Artistic Executive Director

Linda Carrillo, teacher, School of the Minnesota Ballet, trained at the University of Utah, Ballet West in Salt Lake City, and the Joffrey Ballet in New York. She also performed and toured with the Royal Winnipeg Ballet. She trained in the Vaganova technique and is certified in the Cecchetti Method.

Nancy Gibson began teaching for the School of the Minnesota Ballet in 1974 and served as Artistic Director of the Minnesota Ballet 1988–92. She leads workshops for both teachers and coaches and has been on the faculties of L'Academie de Ballet du Saguenay in Quebec, JAS Dance Centre in the Twin Cities area, University of Minnesota Duluth. She also teaches at Madill Performing Arts Center.

Paige Kohler, teacher, graduated from the School of the Minnesota Ballet and also studied at summer intensives at North Carolina School for the Arts, Joffrey New York, Boston Ballet, and Joffrey Midwest. She has danced professionally in the area and served as dance captain for Duluth Playhouse musicals. On the Education Team at the Duluth Playhouse, she has also co-directed and run the ballet program for the Spooner School of Dance since 2002.

Alex Loch, comes to ballet from a background in gymnastics. At St. Cloud University, he earned a B.A. in English with a minor in dance. In Seattle he danced with Khambatta Dance Company and taught ballroom, Latin and swing dance. He danced with the Minnesota Ballet in the 2010-11 season as a trainee.

Renee Moe, studied dance at UMD and in New York City. She founded Sterling Dance in Grand Marais in 1994. She has performed with Keane Sense of Rhythm Tap Co., Ressler Dance, and Project Lulu.

Jessica Roeder, writer, teacher, and dancer, has danced with Aspen Dance Connection and in *Dances on the Lakewalk*. Since 2012, she has taught a weekly dance class for people with Parkinson's based on the Mark Morris Dance Group's Dance for PD program.

And other additional teaching professionals.

Teen/Adult Division Classes

Ballet

Develop strength and grace through classical ballet technique. You will feel longer and stronger and will know that you are making lasting improvements in your posture and flexibility.

Modern

Free your body to move through space—high, low, fast, slow. You will develop full-body strength and mobility while giving yourself a broad-ranging expressive outlet.

Tap I & II

If you have some pent up, get down and make sound energy inside you, try a tap class. There is nothing like the fun and mental challenge of a good rhythm tap pattern to get you going. Beginning Tap is for those with no tap experience or those wanting a refresher; Intermediate Tap is for those with some experience.

Ballroom

Brush up on your ballroom steps or learn new ones. You'll shine on the dance floor while burning calories. Four-week introductory class for beginners to learn or review basic dance steps: September 8-29, 2016
Eight-week intermediate class designed for students with basic social dance skills: October 13 - December 8, 2016

Pilates Mat Exercises

For the all-over conditioning regimen developed for dancers and used by the Minnesota Ballet Company, the Pilates mat class is it. The instructor keeps you interested and challenged, groaning and laughing, all the way to a well-toned, more injury-resistant body. All you do is show up.

Jazz I & II

Students ages 13–adult learn popular dance forms which incorporate everything from Contemporary Jazz to Disco.

What shall I wear for class?

No matter what the class, make sure you dress comfortably. Stretchy. Loose but not baggy or dragging. Once you attend class, you'll learn about any shoes (ballet, tap, jazz) or accessories (Pilates) that you may want to purchase.