

SCHOOL OF THE MINNESOTA BALLET

Class Descriptions

Creative Movement

Children 3–5 years old are introduced to dance through basic locomotor movements and encouraged through props and a wide variety of music.

Pre-Ballet I, II

Children 6–7 years of age learn basic ballet concepts and develop self-confidence. (Light pink cap-sleeve leotard)

Ballet I

Students 8+ years of age and 1st or 2nd year of ballet. (Light blue cap-sleeve leotard)

Ballet II

Students 9+ years of age and 2nd year of ballet. (Lavender cap-sleeve leotard)

Ballet III

Students 10+ years of age and 3rd year of ballet. (Royal blue cap-sleeve leotard)

Ballet IV, Yr. 1

Audition required. (Burgundy cap-sleeve leotard) Ballet IV, Yr. 1 students are strongly advised to take summer technique and pre-pointe classes to strengthen feet and ankles.

Pre-Pointe, Intro to Variations for Ballet IV, Yr 1

Audition required. Students must strengthen their feet to prepare for going on pointe and to prepare for learning solos from classical ballets.

Students will obtain pointe shoes during June for use in July Pre-Pointe classes after completing Pre-Pointe classes in June. Tap, Character, Jazz Styles and Musical Theater Dance are open to Ballet IV, Year 1.

Ballet IV, Yr 2 – Ballet VII

Audition required. (IV, Yr. 2: Garnet cap-sleeve leotard; V: Navy camisole leotard; VI/VII: Black camisole leotard) **For well-rounded dance training, Ballet IV, Yr. 2 – Ballet VII students are strongly recommended to study a variety of dance styles, including Jazz, Character, Tap, and Musical Theater Dance, and to take, at a reduced rate, the full Summer Session with Intensive classes.**

Pointe for Ballet IV, Yr. 2 – Ballet VII

Audition required.

Pointe Variations for Ballet IV, Yr. 2 – Ballet VII

Audition required. Students learn to apply their pointe work to classical ballet choreography. Variations/Corps de Ballet for Ballet VII's include company repertoire that they may be eligible for next season.

Pilates Mat Exercises

These exercises will improve strength, flexibility, balance, coordination, and posture.

Tap 1 & 2

Students learn the fundamentals of this percussion dance form with its focus on rhythm and music. Instructor will inform students about shoes.

Character

Students in Ballet IV+ learn authentic European folk dance, important because it is included in many classical ballets such as *Swan Lake*.

Composition/Choreography

Students in Ballet IV, Yr. 2+ have the opportunity to learn about the art of creating dances and explore their creative abilities in dance. Limited enrolment to this 6-week class. May be taken *only* in conjunction with at least one other dance class. * **Please note that the Composition/Choreography class will move to 3:45-5:00 on Fridays during the intensive schedule (July 6-24).**

Jazz

Students ages 12–adult learn popular dance forms which incorporate everything from Contemporary Jazz to Disco.

Musical Theatre Dance

Students 12–adult learn choreography used in popular musicals which help broaden their range as performers.

Modern

Students 12+ will develop full-body strength and mobility while learning a broad-ranging expressive outlet.

Corps de Ballet

Ballet level V, Yr 2, Ballet VI & Ballet VII only.

Calendar for Summer 2016

June 11	Saturday Sampler
June 13–July 29	Summer Session
July 4 – 10	Summer Break
July 11–29	Summer Intensive
July 29	(No regular classes)
Student Summer Showcase - Noon, Library Plaza	

Summer Session 2016

Robert Gardner, Artistic Executive Director

Office & Main Studio: 301 W. First St., Suite 800 Duluth, MN 55802

Additional studios: The Depot 506 W. Michigan St.

218-529-3742 Fax: 218-529-3744

Web site: www.minnesotaballet.org e-mail: office@minnesotaballet.org

2016 Summer Term June 13 – July 29 (Summer Break July 4 - 10)

Class	Level/Age	Mon	Tues	Wed	Thurs	Fri	Cost
Creative Movement	Age 3–5		II 10-11 (A)		II 10–11(B)		\$85
Pre-Ballet I	Age 6		I 9-10				\$85
Pre-Ballet II	Age 7				I 9-10		\$85
Ballet I	Age 8	I 9-10					\$85
Ballet II/III	Age 9-10+ 3rd year	I 10-11				I 10-11	\$165
Ballet IV, Yr. 1	Audition	III 9-10:30		III 9-10:30		III 9-10:30	\$240
Ballet IV, Yr. 1: Pre-Pointe	Audition	III 10:30-11		III 10:30-11		III 10:30-11	\$125
Ballet IV, Yr. 2 & Ballet V, Yr 1	Audition	I 11-12:30	I 11-12:30	I 11-12:30		I 11-12:30	\$325
Ballet IV, Yr. 2/ Ballet V, Pointe†	Audition	I 12:30-1:30	I 12:30-1:30	I 12:30-1:30		I 12:30-1:30	\$170
Athletic Dance for Young Men	Audition		I 10-11		I 10-11		\$165
Ballet V, Yr 2, Ballet VI & VII	Audition	III 11-12:30	III 11-12:30	III 11-12:30	III 11-12:30	III 11-12:30	\$395
Ballet V, Yr 2, VI & VII: Pointe†	Audition	III 12:30-1:30	III 12:30-1:30	III 12:30-1:30	III 12:30-1:30	III 12:30-1:30	\$270
Pilates Mat Exercises	Age 13+			I 9:30-10:30			\$85
Tap 1 & 2	Age 12+	I 3:30-4:30					\$85
Modern	Age 12+		III 2:15-3:15				\$85
Corps de Ballet	Ballet V, Yr 2, Ballet VI & VII			III 2:15-3:15			\$125
Jazz	Age 12+			III 3:30-4:30			\$85
Musical Theater Dance	Age 12+		III 3:30-4:30				\$85
Character	Ballet IV+				III 3:30-4:30		\$85
Composition/ Choreography*	Ballet IV, Yr. 2+					I/II 2:15-4	\$85

I & II Depot Studios I & II
506 W. Michigan St.

III Elizabeth Adams Studio (Grain Exchange)
301 W. 1st St., Suite 800

†See Intensive schedule for class times July 11-29.

Registration & full payment due by June 13.

Class size limited. *All classes subject to change.*

Summer Session Showcase for upper levels • July 29 • Library Plaza

Ballet Class Attire: All female ballet students must wear pink tights, pink technique shoes, leotard in designated class color and style, and hair in a neat bun. Recommended for **Pre-Ballet–Ballet IV, Yr. 2:** Capezio cap-sleeve leotard style #CC400C. Recommended for **Ballet V–VII:** Capezio camisole leotard style #CC100. **Male ballet students** must wear black tights, black technique shoes, white T-shirt. All classwear available in dancewear catalogs.

SUMMER SESSION INSTRUCTORS:

Guest Summer Instructor Karl von Rabenau, danced with Omaha Ballet, Pittsburgh Ballet Theatre, and as a soloist with the Milwaukee Ballet. He teaches at the Milwaukee Ballet School and is a guest teacher at Point Park University in Pittsburgh, PA, and the Central Pennsylvania Youth Ballet in Carlisle, PA. Karl and his wife, Jennifer, recently collaborated on the second year of a project called “Aurora’s Dream” that brought visual art and dance together to provide participants with an expanded understanding of how the arts are an essential part of our lives.

Guest Intensive Instructor Mario Nugara, trained at Balanchine’s School of American Ballet and has danced with our nation’s most prestigious companies. As a student, he danced with the New York City Ballet. He has also danced professionally as a company member with the Boston Ballet, Texas Ballet Theater, and appeared on Broadway with Rudolph Nureyev. Mr. Nugara holds a BFA and MFA from New York University’s Tisch School of the Arts. He was selected as a Fulbright Scholar in 1991 to Copenhagen, Denmark, in conjunction with the Royal Danish Ballet and the University of Copenhagen, the only ballet dancer awarded that honor. During that time, he taught at the Royal Danish Ballet; Cullberg Ballet; Ballet Academy of Stockholm, Sweden; and at the New Danish Dance Theatre, the Marie Brolin Tani Dance Theatre, and Dansens Hus. He has extensive teaching experience in the New York and Los Angeles Metropolitan areas. Mr. Nugara is founder and present Artistic Director of the City of Angels Ballet in Los Angeles and Artistic Director of the California Riverside Ballet.



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Equal opportunity to participate in and benefit from the programs of the Minnesota Ballet is provided to all individuals regardless of race, national origin, color, sexual orientation, age, religion, or disability in admission, access or employment.

Summer Intensive 2016

Ballet IV, Yr. 2 – Ballet VII students are strongly recommended to take, at a reduced rate, the full Summer Session with Intensive classes. The Intensive allows students to enhance their training, experience the physically-challenging pace professional dancers must meet daily, plus learn other dance styles:

Pas de Deux/Contemporary Repertoire (in Level 2) prepares dancers for their roles in partnering and teaches contemporary dance styles.

Corps de Ballet (Level 1 & 2) teaches students the art of working in groups, in unison, and in canon.

Athletic Dance for Young Men builds strength, flexibility, and coordination. Athletics are stressed through dance-based exercises.

Tap helps students develop a sense of rhythm and musicality. The Intensive also offers specialty classes.

Modern introduces students to Martha Graham, Merce Cunningham, and other contemporary techniques.

Jazz teaches students ages 12–adult popular dance forms which incorporate everything from Contemporary Jazz to Disco.

Musical Theater Dance teaches students 12–adult choreography used in popular musicals which help broaden their range as performers.

Character introduces students to the European folk dance in many classical ballets.

Pilates Mat Exercises helps develop core strength and flexibility to enhance technique.

Contemporary Ballet combines both classical and modern techniques, working both en pointe and off, in a style that is reflected in many choreographers' works today.

Age/Ballet Levels:

Out-of-town students

Ages 12 and up.
Video audition required; live audition encouraged (call to arrange time).
Students will be assigned to Level 1 or 2.

School of the Minnesota Ballet students

Ballet IV, Yr 2 & Ballet V, Yr 1 students will be in Level 1.
Ballet V, Year II, Ballet VI & Ballet VII will be placed in 1 or 2.

Cost

\$835 for Summer Intensive alone

Special price for Intensive & first 3 weeks

\$835 for Level 1 students

\$885 for Level 2 students

The **special package** includes all Intensive classes plus these in the first 3-week session: Ballet Technique/Pointe • Tap • Character Jazz • Musical Theater Dance • Composition/Choreography • Pilates Mat Exercises • Master Class with Elyse Snider

If Ballet IV, Yr. 2 – Ballet VII students do not register for the Summer Session with Intensive, they will be charged full Summer Session tuition per class.

Housing for out-of-town students

\$200/wk. for housing/meals with host family
Campus housing may also be arranged with:
University of MN Duluth, 218-726-7381
College of St. Scholastica, 218-723-6391
Call for housing rates.

*** Please note that the Composition/Choreography class will move to 3:45-5:00 on Fridays during the intensive schedule (July 11-29).**

Summer Intensive 2016

July 11 – 29, 2016

Summer Session Showcase for upper levels • July 29 • Library Plaza

LEVEL 1

Please carefully check class location.

Class	Mon	Tues	Wed	Thurs	Fri
Ballet Technique	I 11–12:30	I 11–12:30	I 11–12:30	I 11–12:30	I 11–12:30
Pointe	I 12:30–1:15	I 12:30–1:15	I 12:30–1:15	I 12:30–1:15	I 12:30–1:15
Lunch Break	1:15–2	1:15–2	1:15–2	1:15–2	1:15–2
Variations				I 2:15–3:30	
Pilates Mat Exercises			I 9:30–10:30		
Contemporary Ballet					I/II 2:15–3:30
Corps de Ballet			I 2:15–3:30		
Tap 1 & 2	I/II 3:45–5:00				
Modern		III 2:15–3:30			
Jazz			III 3:45–5:00		
Musical Theater Dance		III 3:45–5:00			
Character				III 3:45–5:00	
Performance Repertoire	III 2:15–3:30				

LEVEL 2

Please carefully check class location.

Class	Mon	Tues	Wed	Thurs	Fri
Ballet Technique	III 11–12:30	III 11–12:30	III 11–12:30	III 11–12:30	III 11–12:30
Pointe	III 12:30–1:15	III Variations 12:30–1:15	III 12:30–1:15	III 12:30–1:15	III 12:30–1:15
Athletic Dance for Young Men		I 10–11		III 10–11	
Lunch Break	1:15–2	1:15–2	1:15–2	1:15–2	1:15–2
Pilates Mat Exercises			I 9:30–10:30		
Contemporary Ballet					I/II 2:15–3:30
Corps de Ballet			III 2:15–3:30		
Pas de Deux/Cont. Repertoire				III 2:15–3:30	
Tap 1 & 2	I/II 3:45–5:00				
Modern		III 2:15–3:30			
Jazz			III 3:45–5:00		
Musical Theater Dance		III 3:45–5:00			
Character				III 3:45–5:00	
Performance Repertoire	III 2:15–3:30				

I & II: Depot Studios I & II, 506 W. Michigan St. (across from library)

III: Elizabeth Adams Studio, 301 W. 1st St., Suite 800 (Board of Trade Building)

SUMMER SESSION INSTRUCTORS, CONTINUED

Principal Teacher, LilaAnn Coates White, School of the Minnesota Ballet Principal Teacher and former dancer, trained at the National Academy of Arts, Champaign-Urbana, Illinois, and apprenticed with the Des Moines Ballet. She is an Assistant Professor of Dance in the Department of Theatre at UMD and an ABT National Training Curriculum Certified Teacher in Primary through Level 4.

Linda Carrillo, teacher, School of the Minnesota Ballet, trained at the University of Utah, Ballet West in Salt Lake City, and the Joffrey Ballet in New York. She also performed and toured with the Royal Winnipeg Ballet.

Nancy Gibson began teaching for the School of the Minnesota Ballet in 1974. She leads workshops for both teachers and coaches and has been on the faculties of L'Academie de Ballet du Saguenay in Quebec, JAS Dance Centre in the Twin Cities area, University of Minnesota Duluth. She also teaches at Madill Performing Arts Center.

Laura Goodman trained at the School of the Minnesota Ballet and attended summer programs at the School of American Ballet Theatre of

New York, North Carolina School of the Arts, and Royal Winnipeg Ballet School. She danced with the Minnesota Ballet, City Ballet of San Diego and other regional ballet companies.

Paige Kohler, teacher, graduated from the School of the Minnesota Ballet. She has danced professionally in the area and served as dance captain for Duluth Playhouse musicals. On the Education Team at the Duluth Playhouse, she has also co-directed and run the ballet program for the Spooner School of Dance since 2002.

Renee Moe studied dance at UMD and in New York City. She founded Sterling Dance in Grand Marais in 1994. She has performed with Keane Sense of Rhythm Tap Co., Ressler Dance, and Project Lulu.

Erin Wourms, teacher, graduated from the School of the Minnesota Ballet and served as Minnesota Ballet apprentice and then as company member for four seasons.

Nikolaus Wourms, Minnesota Ballet teacher and company member, graduated from the School of the Minnesota Ballet, served as apprentice, and then has served as company member for nine seasons.