

SCHOOL OF THE MINNESOTA BALLET

Class Descriptions

Creative Movement & Pre-Primary

Children 3-4 years old are introduced to dance through basic locomotor movements and encouraged through props and a wide variety of music.

Pre-Ballet I, II

Children 6-7 years of age learn basic ballet concepts and develop self-confidence. (Light pink cap-sleeve leotard)

Ballet I

Students 8+ years of age and 1st or 2nd year of ballet. (Light blue cap-sleeve leotard)

Ballet II

Students 9+ years of age and 2nd year of ballet. (Lavender cap-sleeve leotard)

Ballet III

Students 10+ years of age and 3rd year of ballet. (Royal blue cap-sleeve leotard)

Ballet IV, Yr. 1

Audition required. (Burgundy cap-sleeve leotard) Ballet IV, Yr. 1 students are strongly advised to take summer technique and pre-pointe classes to strengthen feet and ankles.

Pre-Pointe, Intro to Variations for Ballet IV, Yr 1

Audition required. Students must strengthen their feet to prepare for going on pointe and to prepare for learning solos from classical ballets.

Students will obtain pointe shoes during June for use in July Pre-Pointe classes after completing Pre-Pointe classes in June. Tap, Character, Jazz Styles and Musical Theater Dance are open to Ballet IV, Year 1.

Ballet IV, Yr 2 – Ballet VII

Audition required. (IV, Yr. 2: Garnet cap-sleeve leotard; V: Navy camisole leotard; VI/VII: Black camisole leotard)

For well-rounded dance training, Ballet IV, Yr. 2 – Ballet VII students are strongly recommended to study a variety of dance styles, including Jazz, Character, Tap, and Musical Theater Dance, and to take, at a reduced rate, the full Summer Session with intensive classes.

Pointe for Ballet IV, Yr. 2 – Ballet VII

Audition required.

Pointe Variations for Ballet IV, Yr. 2 – Ballet VII

Audition required. Students learn to apply their pointe work to classical ballet choreography. Variations/Corps de Ballet for Ballet VII's include company repertoire that they may be eligible for next season.

Pilates Mat Exercises

These exercises will improve strength, flexibility, balance, coordination, and posture.

Tap 1 & 2

Students learn the fundamentals of this percussion dance form with its focus on rhythm and music. Instructor will inform students about shoes.

Character

Students in Ballet IV+ learn authentic European folk dance, important because it is included in many classical ballets such as *Swan Lake*.

Composition/Choreography

Students in Ballet IV, Yr. 2 + have the opportunity to learn about the art of creating dances and explore their creative abilities in dance. Limited enrolment to this 6-week class. May be taken *only* in conjunction with at least one other dance class. *Please note that the **Composition/Choreography class will move to 3:45-5:00 on Fridays during the intensive schedule (July 9-27).**

Jazz

Students ages 12-adult learn popular dance forms which incorporate everything from Contemporary Jazz to Disco.

Musical Theatre Dance

Students 12-adult learn choreography used in popular musicals which help broaden their range as performers.

Modern

Students 12+ will develop full-body strength and mobility while learning a broad-ranging expressive outlet.

Corps de Ballet

Ballet level V, Yr 2, Ballet VI & Ballet VII only.

Calendar for Summer 2018

June 9	Saturday Sampler
June 11–July 27	Summer Session
July 2 – 8	Summer Break
July 9–27	Summer Intensive
July 27	(No regular classes)
Student Summer Showcase - Noon, Library Plaza	

Summer Session 2018

Robert Gardner, Artistic Executive Director

Office & Studios: The Minnesota Ballet Annex, 230 W. Superior St., Suite 50

Additional studios: The Depot, 506 W. Michigan St.

218-529-3742 Fax: 218-529-3744

Web site: www.minnesotaballet.org e-mail: office@minnesotaballet.org

2018 Summer Term June 11 – July 27 (Summer Break July 2 - 8)

CLASS	LEVEL/AGE	MON	TUES	WED	THURS	FRIDAY	COST
Creative Movement 1	Age 3		II 10-10:45				\$85
Creative Movement 2	Age 4				II 10-10:45		\$85
Pre-Primary	Age 5			II 11-11:45			\$85
Pre-Ballet I	Age 6			I 9-10			\$90
Pre-Ballet II	Age 7			I 10-11			\$90
Ballet I/II	Age 8-9+ 2nd year	I 9-10					\$90
Ballet III	Age 10+ 3rd year		I 9-10		I 9-10		\$180
Ballet IV, Yr. 1	Audition	IV 9-10:30		IV 9-10:30		I 9-10:30	\$255
Ballet IV, Yr. 1: Pre-Pointe	Audition	IV 10:30-11		IV 10:30-11		I 10:30-11	\$135
Ballet IV, Yr 2 & Ballet V, Yr 1	Audition	IV 11-12:30	I 11-12:30		I 11-12:30	I 11-12:30	\$340
Ballet IV, Yr 2/ Ballet V: Pointe	Audition	IV 12:30-1:30	II 12:30-1:30		II 12:30-1:30	I 12:30-1:30	\$180
Ballet V, Yr 2, Ballet VI & VII	Audition	I 11-12:30	I 11-12:30	IV 11-12:30	I 11-12:30	IV 11-12:30	\$415
Ballet V, Yr 2/ VI & VII: Pointe	Audition	I 12:30-1:30	I 12:30-1:30	IV 12:30-1:30	I 12:30-1:30	IV 12:30-1:30	\$285
Athletic Dance for Young Men	Audition		I 10-11		I 10-11		\$180
Pilates Mat Exercises	Age 13+	I 10-11					\$90
Corps de Ballet	Ballet IV, Yr 2 up to Ballet VII	I 2:15-3:15					\$90
Tap 1 & 2	Age 12+	I 3:30-4:30					\$90
Character	Ballet IV, Yr 2+		I 2:15-3:15				\$90
Musical Theater Dance	Age 12+		I 3:30-4:30				\$90
Modern	Age 12+			I 2:15-3:15			\$90
Jazz	Age 12+			I 3:15-4:15			\$90
Composition/ Choreography	Ballet IV, Yr. 2+	NOTE: Time changes to 3:45-5, July 9-27				I/II 2:15-4	\$135

I & II: Depot Studios I & II
506 W. Michigan St.

IV: Ballet Annex, AB Level of
Wells Fargo Bldg, 230 W. Sup. St.

†See Intensive schedule for class times July 9-27.

Registration & full payment due by June 11.

Class size limited. *All classes subject to change.*

Summer Session Showcase for upper levels • July 27 • Library Plaza

Ballet Class Attire: All female ballet students must wear pink tights, pink technique shoes,

leotard in designated class color and style, and hair in a neat bun. Recommended for **Pre-Ballet–Ballet IV, Yr. 2:** Capezio cap-sleeve leotard style #CC400C.

Recommended for **Ballet V–VII:** Capezio camisole leotard style #CC100.

Male ballet students must wear black tights, black technique shoes, white T-shirt.

SUMMER SESSION GUEST INSTRUCTORS:

Guest Summer Instructor Karl von Rabenau, danced with Omaha Ballet, Pittsburgh Ballet Theatre, and as a soloist with the Milwaukee Ballet. He teaches at the Milwaukee Ballet School and is a guest teacher at Point Park University in Pittsburgh, PA, and the Central Pennsylvania Youth Ballet in Carlisle, PA. Karl and his wife, Jennifer, recently collaborated on the second year of a project called "Aurora's Dream" that brought visual art and dance together to provide participants with an expanded understanding of how the arts are an essential part of our lives.

Guest Summer Instructor Marco Carreon, received his AA for Visual & Performing Arts from San Diego City College, his BA in Theater Arts: Dance Option and MA in Special Education from California State University Dominguez Hills. In 2013 he was assistant choreographer for the CSUDH production of Cabaret. Marco is also the Artistic Director of the CSUDH resident dance company MOSAIC. In Minnesota he has choreographed and performed for Dances on the Lakewalk and Dances at the Lake, presented by Ressler Dance!. This March he taught in the North-Central Region American Dance Association Conference, held at the University of Minnesota Duluth, the Novosibirsk Ballet in Novosibirsk, and Concerto de Arangus for Kansas City Ballet.



This activity is made possible in part by the voters of Minnesota through a Minnesota State Arts board Operating grant, thanks to a legislative appropriation from the arts and cultural heritage fund.

Minnesota Ballet operating is also funded in part by: McKnight Foundation, Miller-Dwan Foundation, Wildey Mitchell Family Foundation.



Equal opportunity to participate in and benefit from the programs of the Minnesota Ballet is provided to all individuals regardless of race, national origin, color, sexual orientation, age, religion, or disability in admission, access or employment.

Summer Intensive 2018

Ballet IV, Yr. 2 – Ballet VII students are strongly recommended to take, at a reduced rate, the full Summer Session with Intensive classes. The Intensive allows students to enhance their training, experience the physically-challenging pace professional dancers must meet daily, plus learn other dance styles:

Pas de Deux/Contemporary Repertoire (in Level 2) prepares dancers for their roles in partnering and teaches contemporary dance styles.

Corps de Ballet (Level 1 & 2) teaches students the art of working in groups, in unison, and in canon.

Athletic Dance for Young Men builds strength, flexibility, and coordination. Athletics are stressed through dance-based exercises.

Tap helps students develop a sense of rhythm and musicality. The Intensive also offers specialty classes.

Modern introduces students to Martha Graham, Merce Cunningham, and other contemporary techniques.

Jazz teaches students ages 12–adult popular dance forms which incorporate everything from Contemporary Jazz to Disco.

Musical Theater Dance teaches students 12–adult choreography used in popular musicals which help broaden their range as performers.

Character introduces students to the European folk dance in many classical ballets.

Pilates Mat Exercises helps develop core strength and flexibility to enhance technique.

Contemporary Ballet combines both classical and modern techniques, working both en pointe and off, in a style that is reflected in many choreographers' works today.

Age/Ballet Levels:

Out-of-town students

Ages 12 and up.

Video audition required; live audition encouraged (call to arrange time).

Students will be assigned to Level 1 or 2.

School of the Minnesota Ballet students

Ballet IV, Yr 2 & Ballet V, Yr 1 students will be in Level 1.

Ballet V, Year II, Ballet VI & Ballet VII will be placed in 1 or 2.

Cost

\$880 for Summer Intensive alone

Special price for Intensive & first 3 weeks

\$880 for Level 1 students

\$930 for Level 2 students

The **special package** includes all Intensive classes plus these in the first 3-week session:

Ballet Technique/Pointe • Tap • Character Jazz • Musical Theater Dance • Composition/Choreography • Pilates Mat Exercises

If Ballet IV, Yr. 2 – Ballet VII students do not register for the Summer Session with Intensive, they will be charged full Summer Session tuition per class.

Housing for out-of-town students

\$200/wk. for housing/meals with host family

Campus housing may also be arranged with:

University of MN Duluth, 218-726-7381

College of St. Scholastica, 218-723-6391

Call for housing rates.

*** Please note that the Composition/Choreography class will move to 3:45-5:00 on Fridays during the intensive schedule (July 9-27).**

Summer Intensive 2018

July 9 – 27, 2018

Summer Session Showcase for upper levels • July 27 • Library Plaza

INTENSIVE LEVEL 1 - \$880

Please carefully check class location.

CLASS	MON	TUES	WED	THURS	FRI
Ballet Technique	IV 11-12:30	I 11-12:30	IV 11-12:30	I 11-12:30	I 11-12:30
Pointe	IV 12:30-1:30	II 12:30-1:30	IV 12:30-1:30	II 12:30-1:30	I 12:30-1:30
Lunch Break	1:30-2:15	1:30-2:15	1:30-2:15	1:30-2:15	1:30-2:15
Pilates Mat Exercises	I 10-11				
Corps de Ballet	IV 2:15-3:30				
Tap 1 & 2	I 3:45-5				
Character		I 2:15-3:30			
Musical Theater Dance		I 3:45-5			
Modern			I 2:15-3:30		
Jazz			I 3:45-5		
Variations				IV 2:15-3:30	
Performance Repertoire				I 3:45-5	
Contemporary Ballet					I 2:15-3:30
Composition/Choreography					I/II 3:45-5

INTENSIVE LEVEL 2 - \$930

Please carefully check class location.

CLASS	MON	TUES	WED	THURS	FRI
Ballet Technique	I 11-12:30	I 11-12:30	IV 11-12:30	I 11-12:30	IV 11-12:30
Pointe	I 12:30-1:30	I 12:30-1:30	IV 12:30-1:30	I 12:30-1:30	IV: Variations 12:30-1:30
Athletic Dance for Young Men		I 10-11		I 10-11	
Lunch Break	1:30-2:15	1:30-2:15	1:30-2:15	1:30-2:15	1:30-2:15
Pilates Mat Exercises	I 10-11				
Corps de Ballet	I 2:15-3:30				
Tap 1 & 2	I 3:45-5				
Character		I 2:15-3:30			
Musical Theater Dance		I 3:45-5			
Modern			I 2:15-3:30		
Jazz			I 3:45-5		
Pas de Deux/Cont. Repertoire				I 2:15-3:30	
Performance Repertoire				I 3:45-5	
Contemporary Ballet					I 2:15-3:30
Composition/Choreography					I/II 3:45-5

I & II: Depot Studios I & II, 506 W. Michigan St. (across from library)

IV: Ballet Annex, 230 W. Superior St., Suite 50 (AB Level of Wells Fargo Building)

SUMMER SESSION INSTRUCTORS, CONTINUED

Principal Teacher, LilaAnn Coates White, School of the Minnesota Ballet Principal Teacher and former dancer, trained at the National Academy of Arts, Champaign-Urbana, Illinois, and apprenticed with the Des Moines Ballet. She is an Assistant Professor of Dance in the Department of Theatre at UMD and an ABT National Training Curriculum Certified Teacher in Primary through Level 4.

Linda Carrillo, teacher, School of the Minnesota Ballet, trained at the University of Utah, Ballet West in Salt Lake City, and the Joffrey Ballet in New York. She also performed and toured with the Royal Winnipeg Ballet.

Nancy Gibson began teaching for the School of the Minnesota Ballet in 1974. She leads workshops for both teachers and coaches and has been on the faculties of L'Academie de Ballet du Saguenay in Quebec, JAS Dance Centre in the Twin Cities area, University of Minnesota Duluth. She also teaches at Madill Performing Arts Center.

Laura Goodman trained at the School of the Minnesota Ballet and at-

tended summer programs at the School of American Ballet Theatre of New York, North Carolina School of the Arts, and Royal Winnipeg Ballet School. She danced with the Minnesota Ballet, City Ballet of San Diego and other regional ballet companies.

Paige Kohler, teacher, graduated from the School of the Minnesota Ballet. She has danced professionally in the area and served as dance captain for Duluth Playhouse musicals. On the Education Team at the Duluth Playhouse, she has also co-directed and run the ballet program for the Spooner School of Dance since 2002.

Erin Wourms, teacher, graduated from the School of the Minnesota Ballet and served as Minnesota Ballet apprentice and then as company member for four seasons.

Nikolaus Wourms, Minnesota Ballet teacher, graduated from the School of the Minnesota Ballet, served as apprentice, and then has served as company member for 11 seasons.